

Sibyl

MAGAZINE
FOR THE SPIRIT & SOUL OF WOMAN



Marla Diann
STAND FOR YOUR
WORTH & DIGNITY

Success coach, spiritual mentor and business strategist for creatives

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Hello!

Enjoy my March 2020 article, **“Stand for Your Worth & Dignity: Inspired action vs. Massive action.”**

May this March issue article inspire you to choose a more dignified approach to achieving your goals and desires. Come hang out with me on Instagram - **@marladiann_mentor_to_creatives**.

Ready to learn how to create a new normal around inspired action? Let's start with a comfortable, supportive no-cost conversation and see where it goes.

Email support@marladiann.com to schedule our time together.

Much love and appreciation,



Sibyl MAGAZINE
"Ordinary Women Sharing Extraordinary Insights"
FOR THE SPIRIT & SOUL OF WOMAN

INTRODUCING THIS YEAR'S CONTRIBUTING ARTICLE WRITERS 2020

YOU too can become a writer for Sibyl Magazine. Editors are now accepting article submissions. ONLY 25 women selected. View Submission Guidelines inside!

 Brenda Pitout	 Carol V. Meyer	 Cynthia Harris	 Dani Andersen		
 Danielle Schooch	 Gail Gibson	 Jill Bittering	 Kara Lambert	 Keita Annie Whitten-Foster	 Kimberly Hambrick
 Lee Steem	 Lynley Evans	 Maigie Batson	 Marie Brunger	 Marla Diann	 Martine Negro
 Michele Sayers	 Orlaith O'Sullivan	 Pennie Quaille-Pearce	 Penny Myers	 Shannon Chin	 Suzanne Duncan

STAND FOR YOUR WORTH AND DIGNITY

Inspired Action or Massive Action?

By Marla Diann

How many times have you heard the phrase “take massive action?” What vibe do you feel around that phrase? The first time I heard it was way back in 2007 during my first of many Tony Robbins seminars.

I am one of his biggest fans and students – so much that I have taken most of his courses over the last 20 years and my 28-year-old son eventually worked for Tony’s Unleash the Power Within marketing team for three years from 2012-2015. I raised him on the life success principles Tony is known for including the contribution and giving principles and humanity skills.

I am a believer and supporter in Tony’s teachings; they up-leveled my life in numerous ways. I learned to think bigger. I became more courageous pursuing my goals. I nurtured the visionary in me. However, as the years went on and I evolved spiritually and professionally running my own coaching business, I realized this mindset and principle just didn’t align with who I became. It was not the way to feel GOOD along the way to achieving goals.

Massive action feels hard, pushy and rough. I found out the hard way several years ago when I was going after a big goal with a deadline. I pushed my way through it for weeks and felt overly burned out by the time I completed it.

What I have come to learn is when women use too much masculine energy for extended periods of time – our hearts and intuition shut down as well as our feminine power. That’s exactly what happened back then. That was the turning point for me. I would no longer be available for this consistent masculine energy. I learned there is a masterful blend of the two when running a business or career.

I choose more often to feel inspired, focused, authentic, calm and open to receiving the good along the way to the goal. I know this is not always easy, but when you commit to transforming your mindset and stay accountable to this, you will experience change. I’m a big advocate of INSPIRED ACTION. You, too?

Here are the differences:

Massive action: This feels and looks like the go-to-war mentality. The mindset is it’s all up to you to make it happen with sheer will power. Warning: this leads to hitting the wall and burn out.

Inspired action: This is the intuitive and self-care route to achieving your goal(s). You are conscious of self-care during the actions you need to take along the way to achieving the goal.

With inspired action, you partner with Universal Intelligence requesting guidance to support achieving your goals. This comes by way of having a partnership mentality and claiming the goal with certainty, faith, trust, grace and ease. The secret sauce is to be open to receiving intuitive direction. Be in a place of “receiving” while taking inspired action. This is your feminine power at its best.

Now that’s standing for your worth and dignity.

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California, USA

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