

# Sibyl

**MAGAZINE**  
FOR THE SPIRIT & SOUL OF WOMAN



Marla Diann  
STAND FOR YOUR  
WORTH & DIGNITY

Success coach, spiritual mentor and business strategist for creatives

[www.marladiann.com](http://www.marladiann.com)

Hello!

Rolling into summer, I have 5 Steps to Spiritual Surrender thanks to my favorite spiritual author, Gabby Bernstein.

Given the last three months of the pandemic, I have claimed summer 2020 to be the summer of REFLECTION. RELAX. REBOOT. Re-imagine your vision and life. The best place to start is by surrender your ego and allow yourself to receive the ideas, the divine downloads and unexpected gifts.

In our new economy, we must turn up the volume in our spiritual practices. Instead of working harder at trying to achieve a goal that may not have been as easy to come by as you first thought, or by trying to control the outcome, I am encouraging you to ask the universe for help, let go and surrender.

Enjoy June's article. The 5-Steps to Spiritual Surrender are a beautiful self-care act.

Come share IG with me

- [@marladiann\\_mentor\\_to\\_creatives](#).

**Sibyl** MAGAZINE  
"Ordinary Women Sharing Extraordinary Insights"  
FOR THE SPIRIT & SOUL OF WOMAN  
INTRODUCING THIS YEAR'S CONTRIBUTING ARTICLE WRITERS 2020

**YOU too can become a writer for Sibyl Magazine. Editors are now accepting article submissions. ONLY 25 women selected. View Submission Guidelines inside!**

 Brenda Pitout	 Carol V. Meyer	 Cynthia Harris	 Dani Andersen		
 Danielle Schooch	 Gail Gibson	 Jill Bittering	 Kara Lambert	 Ketta Annie Whitten-Foster	 Kimberly Hambrick
 Lee Steem	 Lynley Evans	 Margie Batson	 Marie Brunger	 Marla Diann	 Martine Negro
 Michele Sayers	 Orlaith O'Sullivan	 Pennie Quaille-Pearce	 Penny Myers	 Shannon Chin	 Suzanne Duncan

Let's have with an inspiring, supportive no-cost conversation about your **new vision and how you will reboot for the rest of 2020.**

Email [support@marladiann.com](mailto:support@marladiann.com) to schedule our time together.

Much love and appreciation,

**Success coach, spiritual mentor and business strategist for creatives**

[www.marladiann.com](http://www.marladiann.com)

# STAND FOR YOUR WORTH AND DIGNITY

## *My Recipe to Manifesting and Spiritual Surrender*

By Marla Diann

**Consider this a gentle reminder.** God knows I need this reminder almost daily as I navigate the terrain of my usual fast-paced entrepreneurial life; in addition to our current new pandemic lifestyle.

In our new economy, we must turn up the volume in our spiritual practices. Instead of working harder at trying to achieve a goal that may not have been as easy to come by as you first thought, or by trying to control the outcome, I am encouraging you to ask the universe for help, let go and surrender.

Although I have been living a spiritually based metaphysical life for over 20 years, I always have the need to surrender and recognize when my ego is trying to lead the way. By now, my normal is being conscious of ego versus spirit led behaviors and actions. When I operate from my will or logic, I catch myself to bring Universal Intelligence into the equation.

I know this is not new or ground breaking information, but I am reminding you (as I do daily) to be conscious when our egos are at the helm; because it just creates resistance. However, when you make it a habit of partnering with Universal energy or any higher power of your choice, and ask for support, you are in power manifestation mode. That's the key!

I have numerous examples in my own life and that of clients over the years who manifest very quickly when they use this life skill. I am sure you have your own, too. Our five senses require an often-missed major component, the 6<sup>th</sup> sense, in order to go into power mode. You can't see it or touch it, but it's there whether you use it or not.

It requires you to trust and ask for assistance. Surrender the ego and be in partnership with Universal Intelligence. For this month, give it good, solid try to apply these five steps I use as my own from one of my favorite spiritual authors, Gabby Bernstein. These are my secret to manifesting.

### 5 Steps to Spiritual Surrender

1. Take your hands off the wheel through prayer. The secret to prayer is forget what you think you need and surrender. Listen for the answers.
2. Focus on what's thriving in your life rather than "getting" what's missing. This raises your vibration to appreciation and gratitude. Remember, those are a multiplier of good.
3. Obstacles are detours in the right direction. In other words, what is the gift in the challenge? What needs attention? This enables you to get more connected to the truth.
4. Ask for a sign. Then listen. Watch for clues. They are all around you. Ask "Am I on the right path?" "Am I in the right direction?"
5. When you think you have surrendered. Surrender more.

Here's to living your beautiful life in our new economy!

[www.marladiann.com](http://www.marladiann.com)

California, USA

DENYING  
your  
*Desires*  
will  
cost you.

By integrating personal development, spiritual mentorship, financial and business coaching, you have a path to a thriving, profitable creative business.

Discover "The Creative's Achievement Formula" in my free digital guide.

[WWW.MARLADIANN.COM/START](http://WWW.MARLADIANN.COM/START)



*Marla Diann*

International Success Coach  
& Business Strategist for  
High Achieving Creatives