

Sibyl

MAGAZINE
FOR THE SPIRIT & SOUL OF WOMAN



Marla Diann
STAND FOR YOUR
WORTH & DIGNITY

Success coach, spiritual mentor and business strategist for creatives

www.marladiann.com

Hello!

Enjoy my February 2020 article, **“Stand for Your Worth & Dignity: Transform Your Money Relationship: Heal Your Life.”**

May this February issue article inspire you to live out your most cherished desires! Come hang out with me on Instagram

- [@marladiann_mentor_to_creatives](https://www.instagram.com/marladiann_mentor_to_creatives).

Ready to explore your money relationship, what's holding you back, and how to transform your money relationship into a healthier, more abundant one? Let's start with a comfortable, supportive no-cost conversation and see where it goes.

Email support@marladiann.com to schedule our time together.

Much love and appreciation,

Sibyl MAGAZINE
"Ordinary Women Sharing Extraordinary Insights"
FOR THE SPIRIT & SOUL OF WOMAN

INTRODUCING THIS YEAR'S CONTRIBUTING ARTICLE WRITERS 2020

YOU too can become a writer for Sibyl Magazine. Editors are now accepting article submissions. ONLY 25 women selected. View Submission Guidelines inside!

 Brenda Pitout	 Carol V. Meyer	 Cynthia Harris	 Dani Andersen		
 Danielle Schooch	 Gail Gibson	 Jill Bittering	 Kara Lambert	 Keita Annie Whitten-Foster	 Kimberly Hambrick
 Lee Steem	 Lynley Evans	 Maigie Batson	 Marie Brunger	 Marla Diann	 Martine Negro
 Michele Sayers	 Orlaith O'Sullivan	 Pennie Quaille-Pearce	 Penny Myers	 Shannon Chin	 Suzanne Duncan

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STAND FOR YOUR WORTH AND DIGNITY

Transform Your Money Relationship: Heal Your Life

By Marla Diann

I had mixed messages about money growing up that led to not owning my worth as an adult woman. I equally questioned my power with money and men (boundaries and self-worth), lacked savviness about making money, and had a deficiency of good saving habits. The messages were – you are capable to do anything, be strong and independent, get a good education, earn good money, be wise about it, and have a man financially support you because he knows better.

Ugh. Tell me that wouldn't put any smart, driven, talented woman into a tailspin! I grew up in the 60's-70's where parenting was very different from now. My father was the main breadwinner and Mom supplemented it. They were both entrepreneurs. My Dad set the entrepreneurial spirit in me as a creative man who monetized his artistry. However, it was my Mom who set the doubt in me that I needed a man to complete me financially.

My subconscious was set early on that I was not capable of my full money power and needed a man to navigate and complete it. It showed up in all my love relationships ending in deep heartache leaving me puzzled and unsure how to attract the right man. I consistently gave away my power and boundaries to men. I don't think I knew what they were then. That was so out of character for me who, by nature, is courageous, independent, self-sufficient, and driven.

From an evolved, spiritual perspective, we know these challenges come from outdated behaviors, habits and mindset passed on from generation to generation. No fault of anyone's. I call it "money legacy." The good news is we have the option to break those patterns and start anew. In 2010 I chose a phenomenal coach who literally helped change the trajectory of my life and business.

Over a period of three years, I invested in two of her money coaching certification programs to heal my adopted money habits and mindset in order to raise my wealth consciousness and create fulfilling results in my personal life and business. How I thought, felt and acted with money shifted and healed. I had a dramatic energetic and tangible upgrade in how I believed in my worth and dignity. I made smarter decisions and learned how to have empowering money conversations!

I rid myself of money and emotional debt, raised my business rates, increased my credit score and continue to challenge my relationship with money as I increased my revenues year after year. It's a life-long commitment with tools to succeed. The men issue? Resolved. I am respectful and respected with boundaries, financial knowledge, and have earned a solid living for over twelve years.

My intentions for taking the courses; I wanted to walk the talk, be a role model for my son, and offer the gift of liberation and confidence for my clients. I've been mentoring clients for 10 years with the same challenges that have become their most profound assets in business and life.

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California, USA

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