

Sibyl

MAGAZINE
FOR THE SPIRIT & SOUL OF WOMAN



Marla Diann
STAND FOR YOUR
WORTH & DIGNITY

Success coach, spiritual mentor and business strategist for creatives

www.marladiann.com

Hello!

It's a beautiful day to be alive! 2020 here we are! I'm celebrating the honor of being one of 22 gifted women writers chosen for 12 issues (2020) in the international magazine, Sibyl: For the Spirit & Soul of Women, founded by Sibyl English!!

January 1, 2020 marked the launch of the first issue! I am grateful to bring you my 1st of 12 articles **"Stand for Your Worth & Dignity: Denying Your Desires Will Cost You."**

Growing up, I was always the girl with the smile and positive attitude. I guess I was born with a happy chip in me. I learned to be the peace-maker (middle child syndrome) in the family. Being in the spotlight was not my thing but I sure loved encouraging others to be brilliant in their own spotlight!

My passion as a young girl was writing poems, journaling, and dreaming about my adult life as a well-known writer, speaker, innovator, and inspirationalist.

Writing came easy for me. I soon learned that was my art. It's where I would find my solace. I'd write from the heart and feel so connected to my spirit. I didn't understand what all that meant then; just that it felt natural to me to express my thoughts and feelings through writing.

I connected the dots while in my young adult years. I grew up in an artistic family and learned to love all the arts, personal growth, and culture. It fed my spirit and creativity like crazy! For my full story go to <https://marladiann.com/my-story/>

May this January issue article inspire you to live out your most cherished desires! Come hang out with me on Instagram - [@marladiann_mentor_to_creatives](https://www.instagram.com/marladiann_mentor_to_creatives).

Ready to explore your long-held desires, what's holding you back, and how to manifest them in 2020? Let's start with a comfortable, supportive no-cost intro call and see where it goes. Email support@marladiann.com to schedule our time together.

Much love and appreciation,



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STAND FOR YOUR WORTH AND DIGNITY

Denying Your Desires Will Cost You

By Marla Diann

June 1, 2017 was the day my life expanded in ways I would have never imagined. After 20 years of denying my long held desire to live and work in both USA and Italy (laptop lifestyle), I hit a wall in March 2017 that required deep soul searching for answers.

In June, I hired my coach for a private intensive to recover my dreams and desires. They were lost in the harried-ness of life far too long. I felt like a manufactured version of myself after nine years of running my business.

My brilliant coach pulled out of me that long-held desire and helped me plan a first-time month-long stay in Florence, Italy. I was a woman on a mission to make it happen. 45 days later I took off for Rome and Florence, Italy in August 2017 and transformed from the inside out. That desire was the seed that launched my new life.

How often have you claimed an important goal and have it fall short? It was a goal that seemed highly achievable with the required focus and actions. But, alas, it didn't come to fruition and you felt defeated.

Given the uncertain but dynamic road of the empowered woman, this scenario is common. We just pick ourselves up; dust ourselves off and do-it-all-over-again with a few tweaks. Right?

I can almost guarantee you never knew or were told one crucial element was missing. I certainly didn't know until my coach taught me. The proven formula for success and fulfillment (feeling completely spiritually aligned in the zone of high vibration) is this: Desires + Goals = Results.

Desires fuel the goals. Our desires are made from our fire, passion, free-spirit, and non-negotiable traits. Desires are the heart. Goals are the logic. Do you have desires you have long held in your heart without giving them the light of day due to fear, uncertainty, doubt, worry of financial, and/or lack of time?

My goals were to make money with joy, feel deeply authentic and happy in my business changing lives, and kindly let go of anyone or anything that was not aligned with this new high frequency life.

Everything changed from that travel experience. Two years later today my life and business look and feel completely different and just how I desired. What kept me going in times of uncertainty and sustained my perseverance was my desire to live and work in Italy for years to come.

When we give our loyalty to our desires, have faith and trust these desires can and will happen, they lead in the pursuit of our goals. Our desires in that formula help withstand the demands of our focus and actions to see the goal complete. Desires are the fuel to keep the fire lit in your heart to see it through to manifest.

What long-held desire have you been holding off? I know you are completely capable and powerful to take the leap of faith and begin the process.

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DENYING your *Desires* will cost you.

By integrating personal development, spiritual mentorship, financial and business coaching, you have a path to a thriving, profitable creative business.

Discover "The Creative's Achievement Formula" in my free digital guide.

WWW.MARLADIANN.COM/START



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